

## Confidentiality

Employees of Valley Community services Board adhere to standards of professional ethics, including confidentiality.

Your records and information will not be shared with anyone outside of VCSB without your written permission. When Federal or State laws provide for disclosure of information without your permission, we will release records and/or information, as well as in emergency situations.



85 Sanger's Lane  
Staunton, Virginia 24401

Main Line: 540-887-3200  
Emergency Services: 540-885-0866  
Suicide and Crisis Lifeline: 988

[www.myvalleycsb.org](http://www.myvalleycsb.org)  
[myvalleycsb@vcsb.org](mailto:myvalleycsb@vcsb.org)

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

## Valley Community Services Board

All Ages



## Emergency Services



## When to Call



If someone's behavior puts you or them at risk of hurting themselves or others, and/or prevents them from being able to care for themselves or function effectively in the community, it's a good time to call.

Suicide Prevention Helpline: 988

VCSB Emergency Services:  
540-885-0866

**VCSB's Emergency Services are available 24/7.** Caring staff provide crisis intervention, therapeutic support and assessment to individuals and families who are experiencing a psychiatric, behavioral, or substance use crisis.

## Services

- Screenings for inpatient hospitalization, crisis stabilization unit or detox
- Referral to community and agency resources
- Emergency telephone support
- Outpatient community crisis support
- Outpatient Forensic Restoration Services
- Therapeutic Docket services
- Mandatory outpatient services

## Confidentiality

Employees of Valley Community services Board adhere to standards of professional ethics, including confidentiality.

Your records and information will not be shared with anyone outside of VCSB without your written permission. When Federal or State laws provide for disclosure of information without your permission, we will release records and/or information, as well as in emergency situations.



## Referral Process

Anyone may be referred to Emergency Services by a family member, community member or health service providers. No formal referral is needed and a person does not have to be an established Valley CSB client in order to receive emergency services. We provide services by scheduled appointments and by walk-ins.